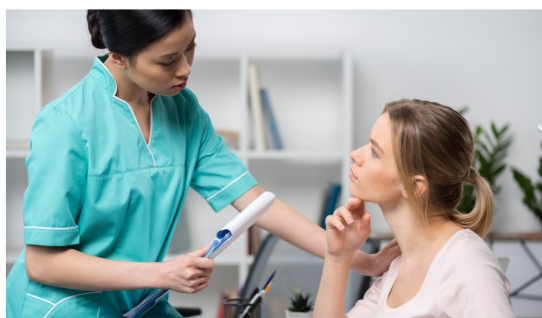


## *The Enhancement Center Inc. (TEC)*

Since its inception, *The Enhancement Center* has directly impacted the lives of the severe and persistently mentally ill in Johnston and surrounding counties. Our well trained, multidisciplinary team of professionals has helped bring a sense of peace and security to countless families through the support offered in our programs.



### **Our Mission**

Our mission is to provide individualized quality services that will promote positive outcomes and independence in the individuals that we serve. Our mission further seeks to enhance the physical, mental, and spiritual life of the individuals we serve. We simply help adults in North Carolina with severe mental illness stay out of the hospital, succeed at work, advance their education, and reach their goals.

### **Vision: *The Enhancement Center Inc (TEC)*:**

**T:** Team Work and Respect

**E:** Empowerment and Leadership

**C:** Commitment to Serve



*The Enhancement Center*

### **Program Hours**

Day	Hours
Monday	8:30am – 5:00pm
Tuesday	8:30am – 5:00pm
Wednesday	8:30am – 5:00pm
Thursday	8:30am – 5:00pm
Friday	8:30am – 5:00pm

### **Contact Details**

896 Gulley Drive, Clayton, NC 27529

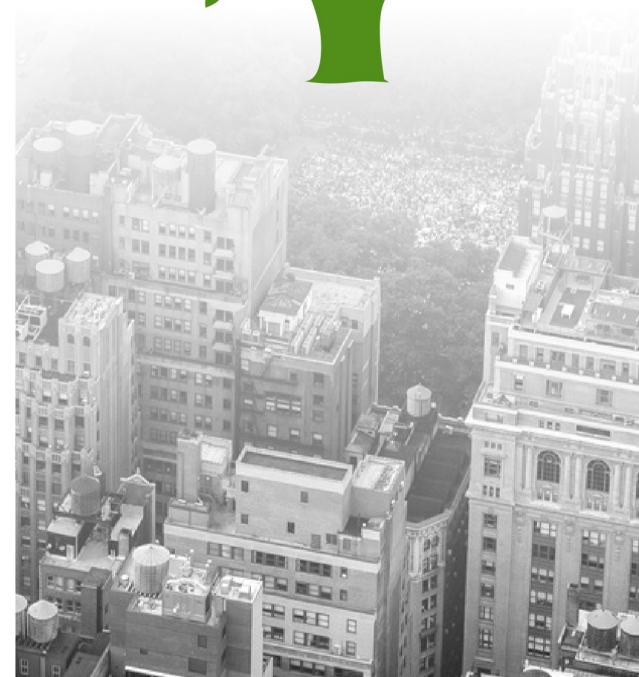
Office: **919-243-8906**

Fax: 919-359-8167

Email: [info@alphahealthservices.com](mailto:info@alphahealthservices.com)

**[www.alphahealthservices.com](http://www.alphahealthservices.com)**

## *The Enhancement Center*



### **Philosophy**

Everyone has the potential to grow, change and recover.

Self-determination happens when people are respected and supported in their own choices.

We believe in delivering services in a manner that will be most effective given the cultures served, and by providing settings that promote comfort, trust, and familiarity.

### **Call Us Today!**

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# About Us

Today, *The Enhancement Center* is evolving into one of the leaders among community care service providers. Our mission is to provide individualized quality services that will promote positive outcomes and independence in the individuals that we serve. Our mission further seeks to enhance the physical, mental, and spiritual life of the individuals we serve. We simply strive to help adults in Johnston and surrounding counties with severe mental illness stay out of the hospital, succeed at work, advance their education, and reach their goals.



## Psychosocial Rehabilitation

Psychosocial Rehabilitation (PSR) helps adults diagnosed with severe and persistent mental illness learn how to understand and manage their diagnosis in order to improve daily functioning. We provide a diverse range of interpersonal and professional development activities aimed at increasing knowledge and skills as it relates to accomplishing individual goals and objectives. Through life skills training, medication and stress management, copings skills, budgeting, daily living skills, advocacy, case management, and one-on-one counseling-with licensed mental health professionals-participants and their families receive support and skills required to work toward, and achieve their goals.

## Services for adults with mental illness include:

- Psychosocial Rehabilitation
- Out Patient Therapy
- Comprehensive Clinical Assessments
- B3 Individual Support Services
- B3 Peer Support Services
- Psychiatric Care

## Our Specialized services includes:

- Anger Management
- Adjusting to Change and Life Transitions
- Post Traumatic Stress Disorder (PTSD)
- Stress Management
- Domestic Violence
- Parenting Class
- Co-Parenting

## We also offer the following additional activities:

- Skill building Outings and Activities (YMCA, Recreational Centers, Park, Library, Community programs, Movies, etc.)
- Case Management
- Individual One-on-One Counseling
- Thrift Store Vouchers
- Recognitions and Celebrations
- Guest Speakers
- Transportation assistance
- Job readiness and training
- Personal Improvements
- Computer Skills

## Our services will:

- Protect the dignity and privacy of the individuals served.
- Be within the financial reach of anyone in need.
- Be empirically advised and clinically sound.
- Respond to community diversity through culturally sensitive consumer-focused care.
- Target outcomes that satisfy the consumer and demonstrate program effectiveness.

## Our PSR Program

Our program is based on the principles of recovery, including equipping consumers, emphasizing self-determination, using natural and community supports, and providing individualized intervention.

Treatment is implemented as outlined in the Person-Centered Plan through skills development, educational, and prevocational activities and programs.

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A member's shared response:

"I find it important to reach out to friends and peers and to witness their breakthrough, which can be miraculous and rewarding".

-PSR Member

## The Enhancement Center



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